

Willamette Valley Medical Center



Monday 22-Sep	Tuesday 23-Sep	Wednesday 24-Sep	Thursday 25-Sep	Friday 26-Sep
MEATLESS	ADOBO			

		Breakfast Tostada	Sausage, Egg & Cheese on Biscuit	Ham, Egg & Swiss on English Muffin	Bacon, Egg & Cheese on Croissant	French Toast Sticks
	Entrées	ziti al forno	Chicken Al Pastor	Beef and Broccoli	Pork Paprikash	Fried Catfish Strips
		classic beef stew	mango toasted tilapia	Kung Pow Chicken	country fried steak	Chicken & Dumplings
	Vegetables	lemon & balsamic broccoli	tomatillo roasted fajita vegetables	Stir Fry Vaegetables	zucchini roasted	Buttered Corn
		blistered green beans	Refried Beans	Ginger Snap Peas	roasted asparagus	coleslaw
	Starch	garlic bread	mexican style rice	Lo Mein Noodles	Egg Noodles	potato salad
		herbed rice	Esquites mexican street corn	Steamed Rice	loaded mash potatoes and Gravy	Jumbo Biscuit
		Chicken Strips	Mozzarella sticks	Vegetable Egg Rolls	Onion Rings	French Fries
			Chicken Fried Rice	Shrimp Salad Roll with freash made potato chips	Pasta Primavera with Chicken	
			Chicken Quesadilla			
		Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
		Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day

Menu items are subject to change without notice due to product availability