

Willamette Valley Medical Center



Monday	Tuesday	Wednesday	Thursday	Friday
3-Aug	4-Aug	5-Aug	6-Aug	7-Aug
				
French Toast Sticks	Breakfast Quasadilla	Sausage Egg & Cheese on Biscuit	Bacon Egg & Cheese on Croissant	Fried Egg & Ham on Sourdough
cheese stuffed cannelloni bathed in a fragrant garlic & tomato sauce	Original Frito Pie	salmon cakes with lemon aioli	chicken marsala with a light mushroom jus	Lemon Garlic Shrimp and Asparagus Stir-Fry
pan seared chicken parmesan	Crispy Pork Carnitas	Chicken Thighs with Apple Cider Glaze	slow roasted pot roast with a light pan gravy	Pesto Grilled Rainbow Trout
roasted broccoli with a medley of bell peppers	Roasted Fajita Vegetables	flash fried yellow squash sprinkled with a breadcrumb gratin	orange scented asparagus with pine nuts	Green Beans with Rosted Red Peppers
braised mushrooms drizzled with balsamic & fresh herbs	Seasoned Corn & Black Beans	Wilted Spinach	cilantro lime roasted vegetables	Cauliflower
savory roasted ranch potatoes	Southwest Sweet Potato Hash	salted vinegar roasted potatoes	yukon gold smashed potatoes	Thai Basil Rice
vegetable couscous	Arroz Verde (Mexican Green Rice)	garlic & herb scented angel hair pasta	garden rice pilaf	Cheddar Au Gratin
Chicken Strips	Jalapeno Poppers	Fried Pickels	JoJo's	Cheesesticks
Closed	Closed	Closed	Closed	Closed
Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day

Menu items are subject to change without notice due to product availability