

Willamette Valley Medical Center



		Monday 22-Jun	Tuesday 23-Jun	Wednesday 24-Jun	Thursday 25-Jun	Friday 26-Jun
		MEATLESS				HOOK & HARBOUR
SAVOR AM		French Toast Sticks	Breakfast Quasadilla	Sausage Egg & Cheese on Biscuit	Bacon Egg & Cheese on Croissant	Fried Egg & Ham on Sourdough
SAVOR	Entrées	cheese stuffed cannelloni bathed in a fragrant garlic & tomato sauce	Original Frito Pie	salmon cakes with lemon aioli	chicken marsala with a light mushroom jus	Lemon Garlic Shrimp and Asparagus Stir-Fry
		pan seared chicken parmesan	Crispy Pork Carnitas	Chicken Thighs with Apple Cider Glaze	slow roasted pot roast with a light pan gravy	Pesto Grilled Rainbow Trout
	Vegetables	roasted broccoli with a medley of bell peppers	Roasted Fajita Vegetables	flash fried yellow squash sprinkled with a breadcrumb gratin	orange scented asparagus with pine nuts	Green Beans with Rosted Red Peppers
		braised mushrooms drizzled with balsamic & fresh herbs	Seasoned Corn & Black Beans	Wilted Spinach	cilantro lime roasted vegetables	Cauliflower
	Starch	savory roasted ranch potatoes	Southwest Sweet Potato Hash	salted vinegar roasted potatoes	yukon gold smashed potatoes	Thai Basil Rice
		vegetable couscous	Arroz Verde (Mexican Green Rice)	garlic & herb scented angel hair pasta	garden rice pilaf	Cheddar Au Gratin
		Chicken Strips	Jalapeno Poppers	Fried Pickels	JoJo's	Cheesesticks
		Closed	Taco Salad	Bacon Jam Smashburger with Fries	Italian Subs with Petso Mayo and Jojo's	Closed
INDULGE		Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day

Menu items are subject to change without notice due to product availability